



Psychoeducational Program

HCS's Psychoeducational Program utilizes a person-centered approach to help each of our clients learn the necessary skills to manage everyday tasks and responsibilities. When clients begin services, the clinical interventionist will complete a thorough assessment and individualized service plan. The Clinical Interventionist will meet with clients in-person on a weekly basis. *All SuRGE clients automatically receive wrap-around psychoeducational services. All other clients are eligible once an appropriate referral for psychoeducational services has been received.*

The Goals:

Skills training areas including but not limited to:

- Self-Esteem
- Empathy
- Social Skills
- Critical Thinking
- Problem Solving
- Goal Setting
- Hygiene
- Health
- Food Management
- Housekeeping
- Safety Skills
- Community Resources
- Money Management
- Employment
- Education
- Housing
- Transportation

Eligibility:

- 14 -17 years old (11-13 years old will be considered on a case-by-case basis)
- Enrolled in one of the following health plans: Banner University, United Health Care, Molina, Mercy Care ACC, and Mercy Care CHP
- Is not in need of detoxification or experiencing active substance addiction requiring medical intervention.
- Can benefit from the treatment modalities offered by the clinical staff members of the program.
- Is not considered to be an active danger to self or others requiring a higher level of care.
- Is appropriate for the level of intervention provided.