



## **Trafficking Program – Survivors, Resilience, Growth, and Empowerment (SURGE) Program Description**

*SURGE* is designed to be an intensive service that stays involved with trafficking survivors as they attempt to break free of life on the streets. We recognize that access to consistent treatment and continuity of care is critical to success.

This program is based on a harm reduction model and utilizes multiple modalities to treat complex trauma and substance use. These modalities include but are not limited to psychoeducation, S.T.A.R, Seeking Safety, Somatic therapies, CPT, TF CBT, DBT, ACRA, and Forward Facing. The frequency and duration of individual counseling sessions is based on clinical need and determined in collaboration with the client and external team as appropriate.

Hope utilizes specialized therapists to maximize successful outcomes. In addition to in office trauma therapy, experiential therapy with Hope's horses and dogs may also be utilized to assist the client in the therapeutic process. Due to the complexity of these client's lives weekly communication with the chart holder, DCS/guardian and JPO will be conducted by Hope staff. Hope staff will also be in attendance at all Court Hearings (STRENGTH, JD and JV) and CFTs.

### Eligibility:

- Confirmed or suspected for trafficking involvement (at risk will be assessed on a case by case basis)
- Enrolled in one of the following health plans: Health Choice, Banner University, UHC, Molina, Mercy Care ACC, and Mercy Care CHP
- Is able to benefit from the treatment modalities offered by the clinical staff members of the program

### Program goals:

- Reduce children's negative emotional and behavioral responses to trauma and/or mental health symptomology
- Increase sense of Safety and Trust
- Decrease emotional dysregulation and traumatic symptomology
- Reduce frequency, intensity, and duration of AWOL behavior
- Ensure no lapse in services upon discharge from hospitals or AWOL