

# Together we can help create lasting solutions for children and families!

## **WHO WE ARE**

Hope Community Services (HCS) started in 1986 as West Valley Child Crisis Center (WVCCC) providing emergency shelter services for children who had been neglected, abused, or abandoned. In 2018, WVCCC became Hope Community Services to better reflect our mission. HCS serves children and families through our child welfare and behavioral health programs throughout Maricopa County.

## **OUR MISSION**

The mission of Hope Community Services (HCS) is to create lasting solutions for children and families by providing innovative programs to foster safe and healthy communities within Arizona.

## **SANCTUARY MODEL**

HCS is excited to be one of the first agencies in Arizona certified through the Sanctuary Model - a trauma informed model. The agency went through a three year implementation process to create a **trauma-informed culture** and was certified in February of 2020.

This Sanctuary Model is based on the idea that trauma and hardships are part of life, therefore, focuses on clients and staff alike. This research-based model promotes safety and provides information and ideas to ensure clients are not retraumatized and promotes a safe working environment for our staff.



# **OUR PROGRAMS**

# **Child Welfare**

At the end of 2020, there were over 14,500 children placed in out-of-home care due to abuse, neglect or abandonment in Arizona. HCS provides services to

these children and their families that reside in Maricopa County through the following child welfare programs/services:

• Foster Care: HCS trains families, interviews them and completes a home study, then recommends them for licensure to provide in-home foster/kinship care leading to successful reunification to biological families or adoption by a foster/kinship family.

• Adoption: HCS is contracted to provide child welfare adoption services in the State of Arizona. The goal of this program is to protect the best interest of the child while building loving families.

• **Training Program:** HCS is a state contracted provider agency which delivers the required training program for potential foster, kinship, and adoptive parents.

• Family Support Program: HCS partners with the Arizona Department of Child Safety to deliver family support services including the Supervised Visitation program and Parent Aide program. These programs focus on family reunification services for children ages birth to 17 years and their parents.



#### **Behavioral Health**

Families served by HCS are often vulnerable populations who have experienced compound trauma. HCS provides the healing and support needed to get each child back on a normal developmental path and to prevent them from developing longterm trauma-related mental or behavioral health problems.

HCS' evidence-based behavioral health programs include:

• Trauma-Focused Cognitive Behavioral Therapy (TF-CBT): This program enables children and youth who have experienced serious traumatic events, and their supportive caregivers to learn effective skills to cope with traumarelated emotional and behavioral problems, face and resolve those problems in a safe and therapeutic way, and effectively integrate their trauma experiences to help them move on with their lives in a safe and positive manner.

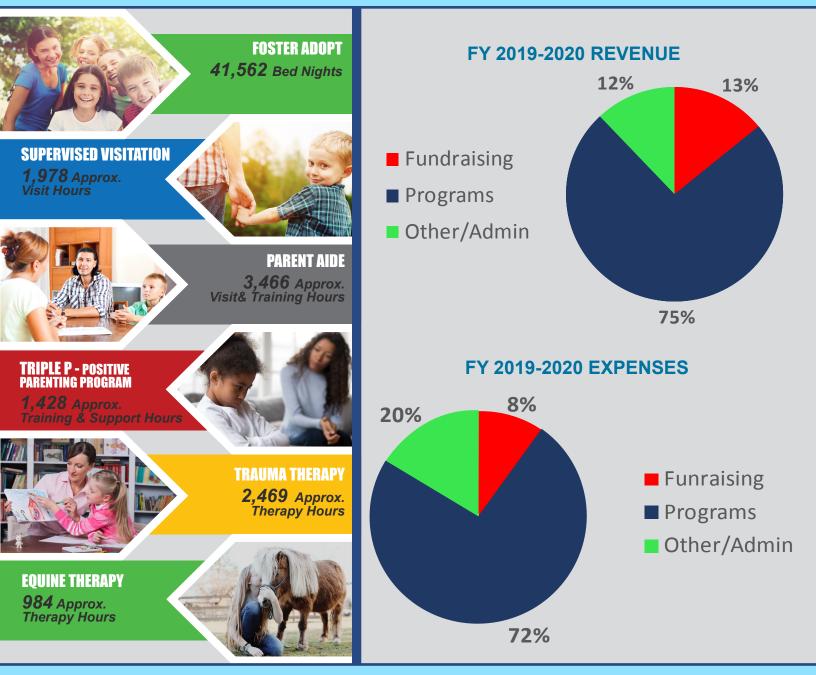
• **Equine Therapy:** This unique program utilizes miniature horses that the children interact with during their therapy sessions. This is a very effective form of therapy for children whose lives are extremely impaired by significant trauma.

• **Triple P (Positive Parenting Program):** This program gives parents/caregivers the support to help manage their child's behavior and prevent the kinds of problems that make family life stressful. Triple P is based on the promotion of self-regulation in both parents/caregivers and children. The goals are for children to develop emotional self-regulation and for parents/ caregivers to become resourceful, independent problem-solvers.





HOPE COMMUNITY SERVICES AT A GLANCE



# SERVING AZ CHILDREN & FAMILIES SINCE 1986





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